## INSTRUCTIONS FOR LISTENING TO RADIO

## **Alexis Bhagat**

In this "event score," the reader performs the work by following instructions 1-15. The work is liberated, activated, and realized through this gesture. Those who wish to share their completed instructions are invited to send their document to Alexis Bhagat, 39 Avenue A #103, New York, NY 10009.

<ol> <li>Turn on the radio.</li> <li>Find your favorite station (or something you enjoy listening to.)</li> <li>Go about some activity, normal for that room. (e.g., wash dishes in the kitchen, brush teeth in the bathroom, etc.)</li> <li>Stop. Sit down and listen to the radio.</li> <li>Close your eyes and listen to the radio.</li> <li>Close your ears and listen to the radio.</li> <li>Close your ears and listen to the radio.</li> <li>Write in box A about the difference between closing your eyes and closing your ears. (Use additional paper if necessary.)</li> <li>Find the button that switches the radio from AM to FM. Try switching back and forth.</li> <li>Return to your favorite station (or something you enjoy listening to.)</li> <li>Breath deeply while listening to the radio. Close your eyes while inhaling. Open your eyes while exhaling.</li> <li>Breath deeply and open and close your eyes while switching the band of the radio. Switch to AM while inhaling, FM while exhaling.</li> <li>While breathing deeply, opening and closing your eyes and switching the band, try to also open your ears while inhaling and close your ears while exhaling.</li> </ol>
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<ul> <li>(e.g., wash dishes in the kichen, brush teeth in the bathroom, etc.)</li> <li>4. Stop. Sit down and listen to the radio.</li> <li>5. Close your eyes and listen to the radio.</li> <li>6. Close your ears and listen to the radio.</li> <li>7. Write in box A about the difference between closing your eyes and closing your ears. (Use additional paper if necessary.)</li> <li>8. Find the button that switches the radio from AM to FM. Try switching back and forth.</li> <li>9. Return to your favorite station (or something you enjoy listening to.)</li> <li>10. Breath deeply while listening to the radio. Close your eyes while inhaling. Open your eyes while exhaling.</li> <li>11. Breath deeply and open and close your eyes while switching the band of the radio. Switch to AM while inhaling, FM while exhaling.</li> <li>12. While breathing deeply, opening and closing your eyes and switching the band, try to also open your ears while inhaling and close your ears while exhaling.</li> </ul>
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<ol> <li>Write in box B any words you remember hearing on the radio during this exercise. (Use additional paper if necessary.)</li> </ol>
14. Turn off the radio.
15. Write in box C any concluding remarks or reflections
on this exercise. (Use additional paper if necessary.)
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ALEXIS BHAGAT's work is dedicated to the destruction of authorship and authority through the cultivation of new forms for radically poly-vocal sound, transmission of promiscuous conversation and obsessive never-ending correspondence. He is the curator of ((audience)), a nomadic festival of surround sound compositions.