

Amygdala Sensitivity to Race Is Not Present in Childhood but Emerges over Adolescence

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Abstract

■ Neuroimaging research in adults has consistently found that differential perception of race is associated with increased amygdala activity. We hypothesized that such neural biases unlikely reflect innate processes but instead emerge over development. In the current study, we used fMRI to examine the neurodevelopmental trajectory of the amygdala in response to race across childhood and adolescence ranging from 4 to 16 years. Thirty-two youths viewed African Ameri-

can and European American faces during a functional brain scan. Results suggest that differential amygdala response to African American faces does not emerge until adolescence, reflecting the increasing salience of race across development. In addition, greater peer diversity was associated with attenuated amygdala response to African American faces, suggesting that intergroup racial contact may reduce the salience of race. ■

INTRODUCTION

Although explicit cultural norms in the United States may endorse egalitarian values and nonprejudiced attitudes, African Americans (AAs) continue to be evaluated differently from other racial/ethnic groups (Rosette, Leonardelli, & Phillips, 2008; Plant & Devine, 1998; Dovidio, Kawakami, Johnson, Johnson, & Howard, 1997). For example, AA faces are detected more quickly in visual search tasks (Levin, 2000) and produce an attentional bias during a dot-probe task (Richeson & Trawalter, 2008; Trawalter, Todd, Baird, & Richeson, 2008), suggesting that AA faces hold increased saliency in adulthood. Neuroimaging research in adults has consistently found that this differential perception is, in part, associated with increased amygdala activity. European American (EA) adults show increased amygdala activity, even in the absence of conscious awareness, in response to AA relative to EA faces (Cunningham et al., 2004). Moreover, EA adults who harbor implicit negative attitudes toward AAs show greater amygdala activation while viewing AA relative to EA faces (Phelps et al., 2000). Interestingly, heightened amygdala response to AA faces is found for both EA and AA adults (Lieberman, Hariri, Jarcho, Eisenberger, & Bookheimer, 2005). This heightened amygdala response is thought to be involved in automatic, subconscious responses to race, reflecting the learned cultural knowledge that AAs are treated differently, and such cultural knowledge is shared across individuals from diverse backgrounds (Lieberman et al., 2005; Phelps et al., 2000). Given that the value placed on racial groups is socially constructed (Eberhardt, 2005), we hypothesized that

such biases unlikely reflect innate processes but instead emerge over developmental time through learning. In the current study, we used fMRI to examine the neurodevelopmental trajectory of the amygdala response to race across childhood and adolescence.

Cultural norms and biases about race develop over the course of childhood and adolescence. When social groups are treated or labeled differently in children's environment, children learn that certain categories are salient (e.g., race), whereas others are not (e.g., handedness; Bigler & Liben, 2007). At a very young age, children learn that individuals can be sorted into social categories, such as race. For example, infants as young as 3–6 months can perceptually discriminate between racial groups (Bar-Haim, Ziv, Lamy, & Hodes, 2006), and preschool-aged children can accurately identify others' racial group membership (Aboud, 2003). By 6 years, some children demonstrate implicit biases about race (Baron & Banaji, 2006), and by 10 years, children internalize the social and moral norms of their culture, demonstrating increased knowledge regarding racial stereotypes and cultural norms (Apfelbaum, Pauker, Ambady, Sommers, & Norton, 2008).

The amygdala is involved in processing of stimuli that have an acquired emotional significance based on previous experience and plays a role in sensitivity to the salience of environmental cues (Cunningham & Brosch, 2012; Santos, Mier, Kirsch, & Meyer-Lindenberg, 2011; Fitzgerald, Angstadt, Jelsone, Nathan, & Phan, 2006; Fudge & Emiliano, 2003; Whalen et al., 2001). Whereas brain regions such as the cerebellum respond to visual and perceptual differences in ones environment, such as shades of color (Claeys et al., 2003), the amygdala responds to emotionally salient stimuli

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the difference in months between the child's birth date and the date of the scan.

Peer and neighborhood diversity. Parents indicated the racial diversity of their child's peers by answering two questions, "Are your child's friends..." and "Are the other children in your child's current school...": 1 = *all his or her race*, 2 = *mostly his or her race*, 3 = *mixed*, 4 = *some his or her race*, 5 = *not at all his or her race*. These two items were averaged to create one index of peer diversity where lower scores indicated greater homogeneity of peers. Using the same 5-point scale, parents indicated their child's neighborhood diversity with the following item: "Is the neighborhood your child grows up in..." Five parents did not provide Peer and Neighborhood Diversity scores, including three EA, one AA, and one Latin American participant.

fMRI Task

During the fMRI scan, participants completed two functional runs of the Emotional Matching Task, adapted from Hariri et al. (2002) and Lieberman and colleagues (2005). During each run, two blocks of emotional faces were interleaved with two blocks of a sensorimotor control task (shapes). For the face blocks, children were presented with a trio of faces and were instructed to make a button response to indicate which of the two faces at the bottom was expressing the same emotion or felt the same as the face on top. The faces were displaying one of three emotions: Angry, Happy, or Neutral, and all were taken from the NimStim Set of Facial Expressions (Tottenham, Tanaka, et al., 2009). For the shapes blocks, children were presented with a trio of shapes and selected one of the two shapes at the bottom that was identical to the shape on top. Each block consisted of six faces or shapes, which were each presented for 5 sec. Participants completed two runs of the Emotional Matching Task. Similar to the paradigm used by Lieberman and colleagues (2005), participants played one run in which all the faces were EA and one run in which all the faces were AA. Run order was counterbalanced across participants. Participants were never instructed to attend to race.

fMRI Data Acquisition

Participants were scanned on a Siemens Trio 3.0-T MRI scanner. For each participant, an initial 2-D spin echo image (repetition time = 4000 msec, echo time = 40 msec, matrix size = 256 × 256, 4 mm thick, 0 mm gap) in the oblique plane was acquired to enable prescription of slices obtained in the structural and functional scans. A whole-brain, high-resolution, T1*-weighted anatomical scan (MPRAGE; 192 × 192 in-plane resolution, 250 mm field of view; 176 mm × 1 mm sagittal slices) was acquired for each subject for registration and localization of functional

data into Talairach space. The Emotional Matching Task was presented on a computer screen through MR-compatible goggles. The task was completed during two functional scans. Ninety-nine T2*-weighted EPIs were collected (repetition time = 2000, echo time = 30 msec, flip angle = 90°, matrix size = 64 × 64, 34 slices, 4 mm voxel, skip 0 mm) at an oblique angle of approximately 30°.

fMRI Data Analysis

Functional imaging data were preprocessed and analyzed with the Analysis of Functional Neuroimaging (AFNI) software package (Cox, 2006). All data were free of movement greater than 2.5 mm in any direction. Preprocessing for each participant's images included slice time correction to adjust for temporal differences in slice acquisition within each volume, spatial realignment to correct for head motion, registration to the first volume of each run, spatial smoothing using anisotropic 6 mm Gaussian kernel, FWHM to increase the signal to noise ratio, and transformation into the standard coordinate space of Talairach and Tournoux (Talairach & Tournoux, 1988) with parameters obtained from the transformation of each subject's high-resolution anatomical scan. Talairach transformed images had a re-sampled resolution of 3 mm³. Time series were normalized to percent signal change to allow comparisons across runs and individuals by dividing signal intensity at each time point by the mean intensity for that voxel and multiplying the result by 100.

The functional runs were concatenated before creating each participant's individual-level model, which included three regressors for each of the stimulus types (AA faces, EA faces, and shapes) by convolving the stimulus timing files with canonical hemodynamic response function. Six motion parameters were included as separate regressors for a total of nine regressors. General linear modeling was performed to fit the percent signal change time courses to each regressor. Linear and quadratic trends were modeled in each voxel time course to control for correlated drift.

Next, the individual level regression coefficients were submitted to random effects, group level analyses. We conducted regression analyses using the 3dRegAna program within AFNI to explore how neural responses to AA and EA faces changed as a function of age and diversity. Age and diversity scores were each entered as regressors. Correction for multiple comparisons was applied at the cluster level following Monte Carlo simulations conducted in the AlphaSim program within AFNI. This method controls for type I errors, offering a reasonable correction for multiple tests during group level analyses in ROIs. Results of the AlphaSim indicated a voxel-wise threshold of $p < .05$ combined with a minimum cluster size of eight voxels for the bilateral amygdala (Phan, Fitzgerald, Nathan, & Tancer, 2006), corresponding to $p < .05$, false discovery rate corrected. Non a priori regions outside the amygdala were corrected for multiple comparisons within the whole brain

Table 1. Behavioral Responses on the Emotional Matching Task

Condition	Mean Reaction Time (SD)	Mean Accuracy (%) (SD)
<i>AA Faces</i>		
Children (4–9 years)	1850.85 (536.62)	91.7 (7.8)
Early adolescents (10–13 years)	1606.69 (474.40)	92.5 (6.1)
Late adolescents (14–16.5 years)	1359.89 (333.85)	95.8 (5.6)
<i>EA Faces</i>		
Children (4–9 years)	1876.21 (515.04)	93.4 (7.7)
Early adolescents (10–13 years)	1597.56 (410.75)	93.4 (10.2)
Late adolescents (14–16.5 years)	1506.06 (408.01)	93.7 (7.2)
<i>Shapes</i>		
Children (4–9 years)	1284.60 (534.54)	89.8 (16.4)
Early adolescents (10–13 years)	1040.78 (337.94)	86.7 (18.0)
Late adolescents (14–16.5 years)	919.09 (202.71)	96.3 (3.8)

For descriptive purposes only, participants were broken up into three age groups: children ($n = 10$), early adolescence ($n = 10$), and late adolescence ($n = 12$). Statistical analyses treated age as a continuous variable.

at $p < .01$ with a minimum cluster size of 56 voxels. All analyses controlled for participants' own race.

RESULTS

Behavioral Performance on the Emotional Matching Task

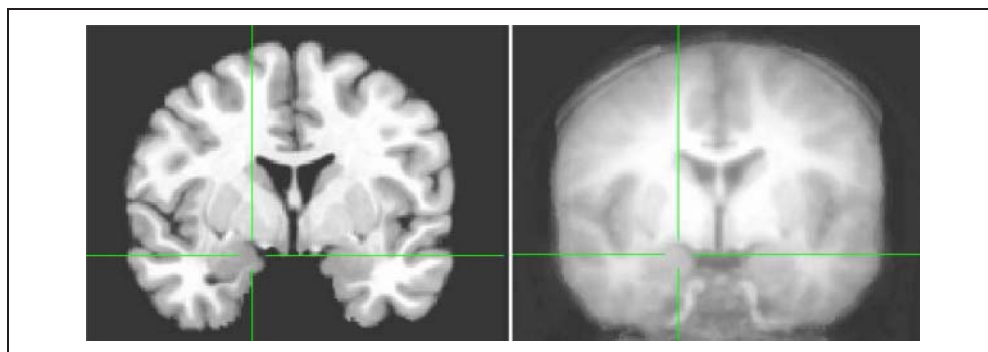
Separate repeated-measures ANOVAs were performed using the within subjects factor of Condition (AA faces, EA faces, shapes) and the between-subject factor of Age on the dependent measures of mean RT and percentage accuracy. We found a significant main effect for Condition on RT ($F = 81.03$, $p < .001$), such that participants were faster at matching shapes than either face condition (see Table 1). There was no main effect of Age or interaction of Condition \times Age. There was also a main effect for Condition on accuracy. Participants made more errors when matching shapes than either face condition ($F = 8.68$, $p < .05$). There was no main effect of Age or interaction

of Condition \times Age. These findings show that younger children and older adolescents' performance is similar on the task, with high performance levels across age, suggesting that it is a developmentally appropriate paradigm. The behavioral data suggest that the shapes condition was experienced quantitatively differently than the face conditions, and therefore, we used the implicit baseline (crosshair fixation) rather than shapes to contrast with the faces in the fMRI analyses.

Amygdala Response to Race across Development

Our first analyses examined whether the amygdala in our child and adolescent sample coincides with the adult template used for registration. We created an average anatomical from all participants in the study. As shown in Figure 1, the anatomical average from our developmental population shows that the amygdala region coincides with the adult template.

Figure 1. The amygdala in the adult template (left) corresponds to the amygdala in the average anatomical template from the developmental population in the current study (right). xyz coordinates are 18 -3 -9.



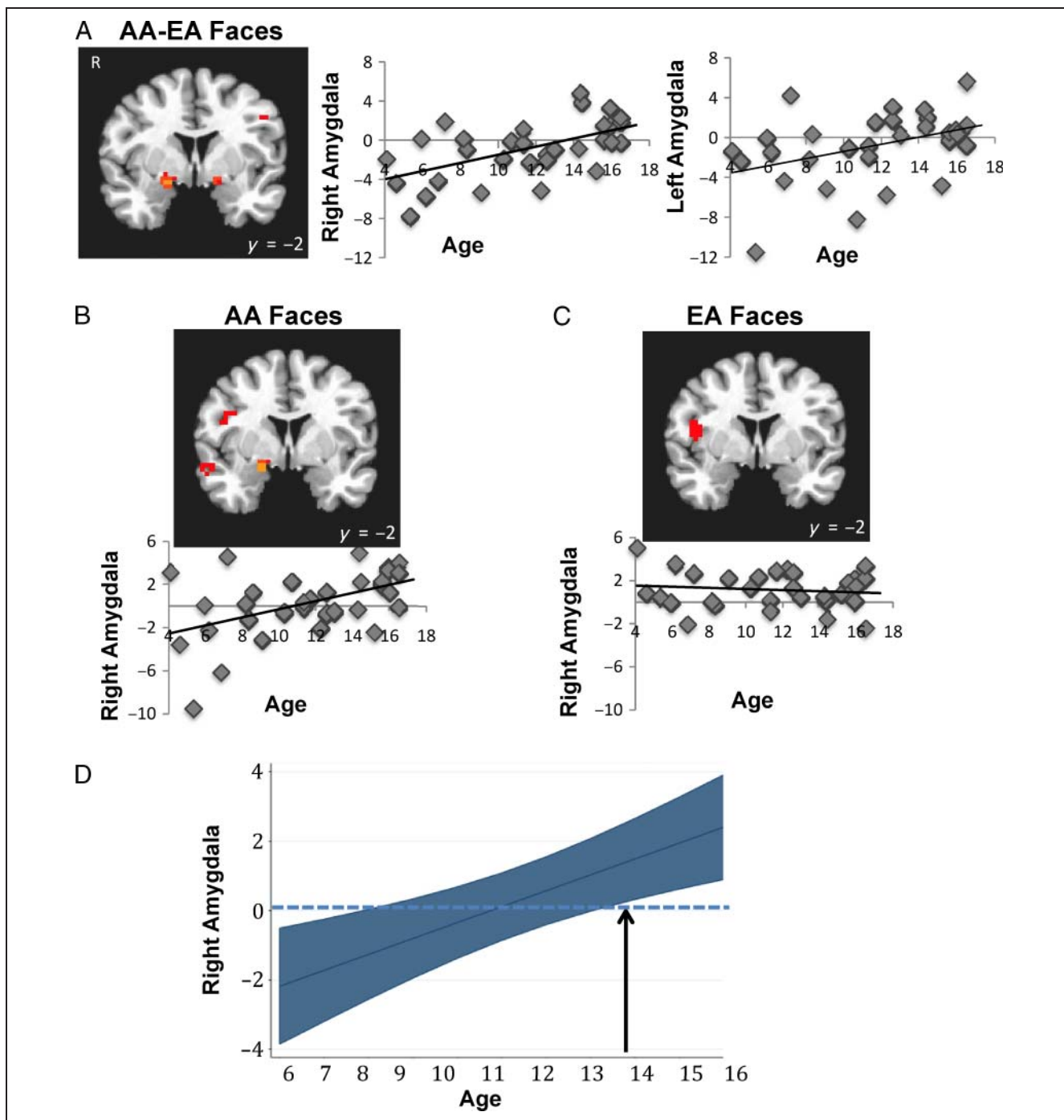


Figure 2. (A) The bilateral amygdala to AA-EA faces correlated positively with age. This neurodevelopmental amygdala increase is specific to AA faces such that (B) the right amygdala response to AA faces relative to baseline correlated positively with age, whereas (C) the amygdala does not show a developmental increase in response to EA faces. (D) The age effect with the 95% confidence interval. Where the confidence interval does not include 0 on the y -axis (depicted with an arrow), participants are showing a significant differential response to AA faces.

Our first primary goal was to examine whether there were neurodevelopmental changes to AA faces relative to EA faces. In whole-brain regression analyses, we correlated age with neural activation to AA-EA faces. As shown in Figure 2A, with age, children showed increased bilateral amygdala activation to AA-EA faces (right: $x,y,z = 16 -2 -8$, $t(30) = 3.67$, $p < .05$, corrected; left: $x,y,z = -14 -2 -7$, $t(30) = 2.37$, $p < .05$, corrected).

Next, we examined whether this neurodevelopmental increase in amygdala response to AA-EA faces is specific to AA faces, EA faces, or both. We correlated age with neural activation in the contrast of AA faces-baseline and EA faces-baseline separately in whole-brain analyses. Developmental increases in the amygdala were specific to AA faces. Whereas activation in the right amygdala significantly increased to AA faces across development

Table 2. Whole-brain Significant Activations for AA and EA Faces that Correlated Positively with Age and Peer Diversity

Anatomical Region	BA		<i>x</i>	<i>y</i>	<i>z</i>	<i>t</i>	<i>k</i>
<i>(a) AA > EA Faces and Age</i>							
VLPFC	45	R	48	27	2	5.78	1879
FG	19	R	23	-61	-10	3.82	1161
<i>(b) AA Faces (Relative to Baseline) and Age</i>							
FG	19	R	24	-61	-10	4.58	1723
VLPFC	47	L	-34	20	-19	3.34	64
Middle occipital gyrus	19	L	-29	-85	8	4.40	129
Middle occipital gyrus	18/19	R	29	-88	5	4.91	76
Culmen			0	-64	-1	280	94
<i>(c) EA Faces (Relative to Baseline) and Age</i>							
VLPFC	47	L	-45	25	4	-3.37	1020
Anterior cingulate	32	L	-10	28	19	-3.04	56
Insula		L	-33	5	-7	-3.68	127

BA refers to putative Brodmann's area; L and R refer to left and right hemispheres; *x*, *y*, and *z* refer to Talairach coordinates; *t* refers to the *t* score at those coordinates (local maxima); *k* refers to the number of voxels in each significant cluster. The following abbreviations are used for the names of specific regions: DLPFC = dorsolateral; pFC, VLPFC = ventrolateral pFC.

Non a priori regions outside the amygdala were corrected for multiple comparisons within the whole brain at $p < .05$ with a minimum cluster size of 146 voxels.

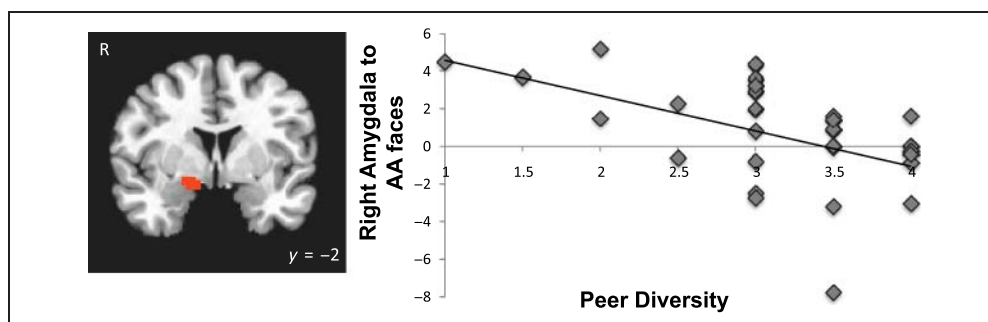
($t(31) = 3.41$, $p < .05$, corrected; Figure 2B), age did not correlate with amygdala activation to EA faces (Figure 2C). A repeated-measures ANOVA using the within-subject factor Race (AA and EA) and the between subject factor of Age on the dependent measure of percent BOLD signal change in the amygdala, revealed a significant Race \times Age interaction, $F(1, 30) = 14.6$, $p < .001$. Given this developmental increase that is specific to AA faces, we explored at what age the amygdala responds differentially to AA faces. We ran follow-up analyses using the margins function in STATA11 (StataCorp, College Station, TX). Figure 2D displays the age effect with the 95% confidence interval. Where the confidence interval does not include 0 on the *y* axis, the participants are showing a significant differential response to Black faces. The margin becomes significant around age 14 ($z = 2.51$, $p = .01$, 95% CI [0.32, 2.66]). Together, these findings indicate that there are age-related changes in the processing of AA but not EA faces, such that amygdala sensitivity to AAs is not present in early childhood but emerges during adolescence. For other significant regions that correlated with age to AA and EA faces, see Table 2A–C.

Our next goal was to examine whether AA and EA participants showed similar neurodevelopmental trajectories to AA and EA faces. We extracted parameter estimates from the right amygdala to EA faces and AA faces and ran separate regression analyses in SPSS for each ethnic group, examining how age related to amygdala response to EA and

AA faces separately. Both EA ($B = 0.79$, $SE = 0.20$, $\beta = .80$, $p < .005$) and AA ($B = 0.42$, $SE = 0.11$, $\beta = .80$, $p < .005$) participants showed increased right amygdala activation to AA faces with age, but neither group showed increased amygdala response to EA faces with age. These findings suggest that the amygdala becomes increasingly sensitive to AA faces with development, and this neurodevelopmental trajectory is similar for individuals from AA and EA backgrounds.

Finally, as a control to ensure that it is possible to get amygdala response in our younger children, we examined whether all age groups show differential amygdala response to emotional faces (angry). Because we found evidence of a developmental increase in the amygdala to AA faces, we examined the contrast of EA angry faces $>$ baseline, as we anticipated that angry faces would produce a stable signal across all age groups. For descriptive purposes, we divided our sample into three age groups, children (ages 4–9, $n = 10$), early adolescents (ages 10–13, $n = 10$), and adolescents (ages 14–16.5, $n = 12$). We observed differential amygdala response to EA angry faces $>$ baseline in each age group in the amygdala (children: right amygdala: $x\gamma z = -25 -1 -20$, $t(9) = 3.88$, $p < .05$, left amygdala: $x\gamma z = 22 10 -3$, $t(9) = 2.95$, $p < .05$; early adolescents: right amygdala: $x\gamma z = 22 1 -18$, $t(9) = 3.34$, $p < .05$; adolescents: right amygdala: $x\gamma z = -28 2 -13$, $t(11) = 3.77$, $p < .05$, left amygdala: $x\gamma z = 20 9 -10$, $t(11) = 3.28$, $p < .05$). Moreover, in a whole-brain regression analysis, correlating age with brain activation to EA angry faces, we do not find an age-related

Figure 3. Children with more diverse peers show dampened amygdala activation to AA faces.



increase or decrease in the amygdala. Therefore, across the ages tested, we obtained a stable amygdala response.

Amygdala Response to Race as a Function of Neighborhood and Peer Diversity

Next, we tested whether racially diverse contexts would modulate the amygdala response to race. Prior work has highlighted the importance of diverse social environments, such as neighborhood and school diversity, in reducing racial in- and out-group biases (Bar-Haim et al., 2006; Rutland et al., 2005). Given the specificity of the amygdala to AA faces, we examined whether racial diversity of children's neighborhood and peers would modulate this amygdala response. In separate whole-brain analyses, we correlated neighborhood and peer diversity with neural activation to AA faces (relative to baseline), controlling for participants' own race. Whereas neighborhood diversity was not related to amygdala response to AA faces, greater peer diversity was associated with attenuated right amygdala response to AA faces ($x, y, z = 16 -2 -8$, $t(25) = -3.27$, $p < .05$, corrected; Figure 3),¹ suggesting that more racially homogenous peer groups (regardless of racial composition) relate to greater amygdala response to AA faces. These findings suggest that chil-

dren's peer environment can shape how race is processed in the brain. No other brain regions correlated with racial diversity.

Finally, given that the amygdala cluster found for peer diversity was in the same region as that found for age, we conducted regression analyses in which we simultaneously entered peer diversity and age to predict amygdala response to AA faces, controlling for participants' own race. Results show that age and peer diversity each independently predicted amygdala activation to AA faces (age: $B = 0.29$, $SE = 0.11$, $\beta = .42$, $p < .05$; peer diversity: $B = -1.38$, $SE = 0.55$, $\beta = -.41$, $p < .05$). Age accounted for 35.9% of the variance, and peer diversity accounted for an additional 11.3%. Together, age and peer diversity explained nearly half (47.2%) of the amygdala response to AA faces.

Neural and Behavioral Response to Race

To examine whether the amygdala response to race was related to children's behavior, we conducted multiple regression analyses in which we examined how the amygdala response to AA relative to EA faces predicted participants' mean RT when matching the emotion of AA relative to EA faces. The behavioral bias was calculated by subtracting the standardized mean RT to EA faces from the standardized mean RT to AA faces. Negative scores indicate faster RTs to AA faces and positive scores indicate faster RTs to EA faces. We controlled for age and participants' race. As shown in Figure 4, participants who showed greater activation to AA relative to EA faces in the left amygdala were also faster at matching AA relative to EA faces. These behavioral data suggest that amygdala response to AA faces was associated with a decrease in speed in behavioral responding to AA faces.

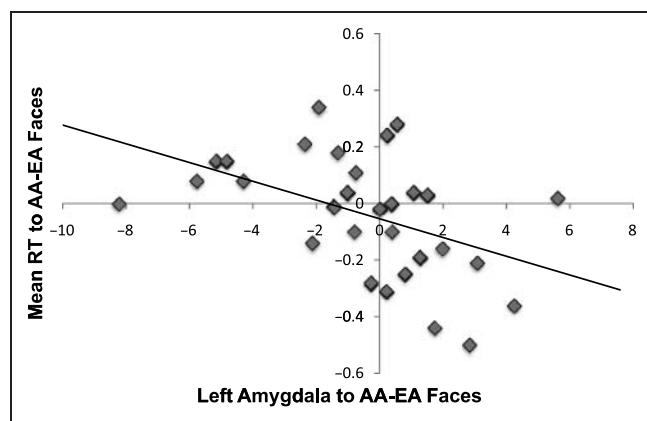


Figure 4. The left amygdala to AA relative to EA faces correlated negatively with mean RT to AA relative to EA faces. Adolescents who matched AA faces more quickly than EA faces showed enhanced amygdala activation to AA relative to EA faces.

DISCUSSION

The social environment plays a large role in shaping affective perceptions of race (Bar-Haim et al., 2006). The amygdala is involved in nonconscious processing of stimuli that have an acquired emotional significance based on previous experience and plays a role in sensitivity to the salience of environmental cues (Cunningham & Brosch, 2012; Santos et al., 2011; Fitzgerald et al., 2006; Fudge & Emiliano, 2003;

& Wetherell, 1987). Increased racial diversity may reduce the salience of AA faces. Our results revealed that when children had more cross-race friends and schoolmates, they were less likely to exhibit a neural bias to AA faces, consistent with a body of work highlighting the benefit of racially diverse schools for decreasing in-group biases (Juvonen, Nishina, & Graham, 2006; Rutland et al., 2005). This attenuation of amygdala response suggests that intergroup racial contact may reduce the salience of race. Contact between members of different racial groups may expose children to more diverse views, producing more individuated and personalized relationships across racial groups (Dovidio & Gaertner, 1999). Even for AAs themselves, contact between individuals from diverse backgrounds may reduce the salience of intergroup boundaries (Dovidio & Gaertner, 1999). Thus, interventions designed to reduce the development of racial biases could focus on providing children with opportunities to interact with individuals from diverse backgrounds, thereby potentially decreasing the salience of race. Interestingly, children's neighborhood diversity was not related to their neural processing of race. Perhaps neighborhood diversity results in fewer opportunities to interact with individuals of different racial backgrounds compared with diversity in schools, which provide hourly interactions with one's peers.

Because our participants spanned a broad age range from 4 to 16 years, it was important to demonstrate that warping to the adult template did not bias the results toward less amygdala activation in younger individuals, thereby driving our race-related developmental effects. We addressed this issue in two ways. First, we created an anatomical average of our developmental participants and overlay it on the adult template. The anatomical average from our developmental population shows that the amygdala region coincides with the adult template. Second, we examined neural activation in the amygdala to angry faces across age and show that we get differential amygdala response in the youngest participants in response to emotional stimuli. In fact, there are no age-related changes in amygdala response to emotional faces; children, young adolescents, and older adolescents all show enhanced activation to angry faces. Moreover, results from our primary analysis show that children across our entire age range evidence stable amygdala activation to EA faces. Together, this suggests that warping the child brains to the adult template did not bias the results toward less amygdala activation in younger children. Recent advances in developmental neuroscience have shown that pediatric and adult neuroimaging data can be analyzed in the same stereotactic space. For instance, Kang, Burgund, Lugar, Petersen, and Schlaggar (2003) and Burgund and colleagues (2002) found that atlas-transformed brain morphology, BOLD responses, and locations of functional activation foci are consistent between 7- and 8-year-old children and adults.

In conclusion, the findings in the current study demonstrate the continuous functional maturation of the amyg-

dala in response to social groups across development spanning a large age range of children from 4 to 16 years. The differential response of the amygdala to AA faces does not emerge until adolescence, suggesting that the increasing salience of race across development may shape the functional architecture of the amygdala. Importantly, these findings suggest that neural biases to race are not innate and that race is a social construction, learned over time.

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Note

1. The n in each racial group is too small to warrant a formal separate analysis. However, for descriptive purposes, we present the findings for EA ($n = 8$) and AA ($n = 10$) participants. Although the relationship between peer diversity and amygdala response is not significant for either group alone, both EA ($B = -1.12$, $SE = 1.15$, $\beta = -.37$) and AA ($B = -1.98$, $SE = 1.04$, $\beta = -.56$) participants show similar decreases in amygdala response to AA faces with more diverse peers.

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